

EDITORIAL – (No 1) - Summer 2003

Welcome to this, the first edition of "The Bônau Cabbage Patch" – a quarterly magazine for Pwll. The aim of the magazine is to improve the communication between the various organisations within the village and the residents. The magazine will also cover topical and informative news and information about the village and its residents.

"The Bônau Cabbage Patch" is issued and distributed by The Pwll Action Committee and is free to all residents – the printing and distribution costs being fully met by our sponsors – the advertisers within the magazine. Their help and support has been invaluable, and we ask that, whenever possible, you fully support them.

If you are responsible for an organisation in Pwll then hopefully there will be room in this magazine for you to tell the people of Pwll what has happened and what is due to happen in connection with your organisation. Any type of news and information is needed. If you want to contribute an article and we haven't contacted you please speak to any of the committee and we will do everything possible to get it published in the next edition.

If you would like to become a sponsor and advertise within the magazine please contact either Stuart Messer (☎ 755665) or Peter Kent (☎ 755260) or Jeff Williams (☎ 777420). Thanks - Ed

OUR SYMBOL



Our symbol is a sketch of the Ring-Cross incised on a stone pillar, which can be found just outside the front door of the Stepney Park Care Centre (the old Cilymaenllwyd House). The stone dates from the 7th - 9th century and is actually an early Christian

gravestone that was discovered in 1913 when the kitchen garden was dug up during renovations to the house. It is possibly the oldest relic in Pwll. Cilymaenllwyd could be translated as "Retreat of the Sacred Stone" although a more prosaic translation might be "Place of the Grey Stone". The stone, when first found, was presumed to be an old gatepost until the incised cross was noticed. Lady Stepney immediately had the pillar set upright in front of the house where it still stands today.

(We are indebted to Stepney Park Care Centre for the use of the ring-cross).

CHARITY QUIZZES

Two recent quizzes held at The Colliers Arms have raised quite significant sums of money for local charities. The first quiz, held on Easter Sunday raised £100 for Llanelli Hospice and the second quiz, held on Sunday May 25th raised further amounts for a very worthy charity. "Rounding up" contributions were received from Stan and Babs of The Colliers. (Thanks to you both)

The quizzes are organised by Wyn Thomas of Pwll Road who puts a tremendous amount of work into them trying to entertain and baffle the contestants. The next quiz is on Sunday 24th August. All are welcomed – entry fee is only £1 per person. All proceeds to the winning teams' nominated charity. (Thanks Wyn for a terrific quiz).

THANK YOU TO OUR SPONSORS

We would like to express our thanks and gratitude to all our sponsors without whose generous contributions this magazine would not have been possible. Thank you all. We hope our association will be a long and happy one.

Nothing great was ever achieved
without enthusiasm.

HOTEL OR HOTEL?

We are still no closer to knowing if there is going to be an hotel built in Pwll or not. You will recall that despite our fight to preserve the land earmarked for the development for the residents of Pwll, Carmarthenshire County Council Planning Department granted planning permission on June 18th 2002. Since that meeting it came to the notice of Pwll Action Committee that the footprint of the planning permission actually trespassed on Pwll Playing Fields which is administered by The National Playing Fields Association on behalf of King George Playing Fields Association. King George Playing Fields regulations state that no building intended to make a commercial profit can be built upon land designated as King George Playing Fields.

The infringement means that the entrance/exit road of the hotel would clip one corner of the playing fields and would actually leave very little room for a corner kick to be taken. The shed that currently house the goalposts would be demolished and would actually finish up underneath the road.

On behalf of Pwll Action Committee and the villagers of Pwll, I wrote to Carmarthenshire County Council informing them of the infringement and demanded that the planning consent (which was obviously granted based on untruths and unknown information) be withdrawn. I have since written a further two letters to Carmarthen County Council demanding an answer – ALL LETTERS HAVE BEEN ACKNOWLEDGE BUT THEN CONVENIENTLY IGNORED BY THE COUNCIL!

We have always argued that we are not against the principal of an hotel in Pwll but we are opposed to this particular location.

The NPFA have told us that the Council appreciate they have a problem and are considering what can be done to overcome the problem.

Recently, Helen Mary Jones AM took up the challenge on our behalf. A reply from Carmarthen County Council to her letter

states "Initial discussions have been held with the NPFA however, no firm proposals have been discussed as the scheme in its entirety has been put on hold for the time being". So, we still don't know if there will be a Centre of Excellence and Hotel next to fishing lakes that don't work and to be quite honest don't look as if they ever will! We will keep you informed of any developments. (Peter Kent)

PWLL GARDENING CLUB

The Gardening Club meet on the first Wednesday of every month at 7pm at the Community Centre and topics discussed vary from rose growing to the availability and price of good farmhouse manure!

For this first edition of The Bônau Cabbage Patch," we have some tips for you on how to look after your lawn during the summer months.

JUNE:

- Cut at summer height, twice a week.
- If there is a prolonged dry spell lift height of cut slightly.
- Summer feeding and weeding of lawns, sulphate of ammonia = nitrogen. Spot treat weeds.
- Rake coarse grasses and clovers before mowing. Trim edges regularly.
- Water if there is a dry spell, soil surface may be hard; lightly spike the soil before irrigating.

JULY:

- Mow regularly at summer height
- Water if dry and rake as for June
- Use a good selective weed killer against clover, pearlwort, and yarrow. A little late maybe but don't ignore.

AUGUST

- Same treatment as for July.
- Grass over grown after holidays? Lift height of cut and gradually bring it back down after several mowings.
- Last month to feed with a nitrogen rich fertilizer, and for weed killing. Seed sowing at the end of the month can begin.

The secretary of Pwll Gardening Club is Mr Hugh Peregrine and he can be contacted on telephone number 770882



PWLL SOCCER

END OF A DISAPPOINTING SEASON

A generally disappointing season for the first team, which saw the side languishing at the foot of the table for most of the season, has ended on a positive and successful note. Having picked up only 13 points from their opening 15 games, Pwll were asked to play 8 games in April, and were well adrift at the foot of the table. An away defeat at Calsonic on April 2nd looked to have sealed Pwll's fate and with an away trip to the league leaders Burry Port to follow and the team racked with injuries and unavailability, a victory seemed unlikely. However, Saturday April 5th was to be the turning point! A 2-0 victory was the beginning of a 5 match unbeaten run consisting of three victories and two draws. This run took the team to 24 points and safety. An away defeat at Garden Village in the penultimate game could not stop Pwll finishing with a victory away at Johnstown to take their tally to 27 points. The team took a total of 14 points from the last 7 games ensuring Division One football next season.

Meanwhile, Pwll's reserve team, who lifted the Reserve Division Two title last season were expected to find life a lot harder on their return to the top flight. Although well beaten by the top 3 or 4 teams, Pwll picked up maximum points over Penylan, Abergwili, Garden Village, Bwlch Rangers and Pengelli. An away point at Evans and Williams gave Pwll 31 points for the season and a comfortable mid table final position.

For the future, you have to be optimistic. With the new pavilion almost finished, Pwll will boast the best changing facilities and playing surface in the league. The club will be looking to start next season injury free and will be looking for commitment from the players. The current squad, showing the

commitment needed and free from injuries and suspensions would surely challenge for honours next season. Add to this the junior structure, which should start to bear fruit, with the team moving up to the under 16's division next season, this will bolster the senior team and with an under 14's team in place the continued future of the club looks on a sound footing.

If things go to plan the headline in the next edition of this magazine should read:- "Pwll off to a flying start!"

PWLL ACTION COMMITTEE - ANNUAL GENERAL MEETING

This is important. Please make a note and attend the meeting if you possibly can.

Notification is hereby given that the Annual General Meeting of The Pwll Action Committee will be held in the Community Centre on Tuesday 8th July 2003 at 7pm.

The meeting is necessary to elect new members of the committee for the next 12 months. All retiring members of the current committee are available for re-election.

ALL members of the public are invited to attend but only Pwll residents will be allowed to vote. You will also be told of any new or revised developments concerning the work of the committee. You can also use the meeting to tell us what you think about the work of the committee and this magazine.

Please make every effort to attend.

If it's worth doing it's worth overdoing!



COLEG SIR GÂR

Coleg Sir Gâr is one of Wales' largest providers of Further and Higher Education.

Whatever your interests, background or ability Coleg Sir Gâr has something to offer you at one of our five campuses in Llanelli, Ammanford, Gelli Aur (Llandeilo), Pibwrlwyd and Jobswell (Carmarthen).

Coleg Sir Gâr offers a wide range of full and part time courses, from traditional subjects such as languages, information technology and agriculture through to cake decorating, Indian head massage and welding courses.

The college also has a training services department that delivers vocational training through Government funded programmes such as Skillseekers, The Learning Worker Project, New Deal and many more.

For further information contact 01554 748000 or visit www.colegsirgar.ac.uk

Judge a man by his questions rather than by his answers.

Coleg Sir Gâr yw un o ddarparwyr mwyaf Addysg Bellach ac Uwch yng Nghymru.

Beth bynnag yw eich diddordebau, cefndir neu allu mae rhywbeth gan Goleg Sir Gâr i gynnig i chi ar un o'i bum campws yn Llanelli, Rhydaman, Gelli Aur (Llandeilo), Pibwrlwyd a Ffynnon Job (Caerfyrddin).

Mae Coleg Sir Gâr yn cynnig ystod eang o gyrsiau, o bynciau traddodiadol megis ieithoedd, technoleg gwybodaeth ac amaethyddiaeth i addurno cacennau, tyllino pen indfaidd a chyrtsiau weldio.

Mae gan y coleg adran gwasanaethau hyfforddi sydd yn darparu hyfforddiant galwedigaethol trwy raglenni a gyllidir gan y Llywodraeth er enghraifft Ceiswyr Sgiliau, y Prosiect Gweithiwr sy'n Dysgu, y Fargen Newydd a llawer mwy.

Am fwy o wybodaeth cysylltwch â 01554 748000 neu www.colegsirgar.ac.uk

CANCER RESEARCH UK's RACE FOR LIFE

Cancel Research UK in conjunction with Tesco are holding their 10th anniversary *Race for Life* at Pembrey Country Park on Sunday 22nd June at 11:00 am. They want to make it their best yet and raise an unprecedented £17.5 millions for Cancer Research UK's vital work. They know they can do it with your help – so please help them raise funds to cure cancer faster. Application forms available from Tesco or visit www.raceforlife.org or call them on 08705 134 314

Carmarthenshire Schools - Term Times

Half Term Holidays					
Term	Term Begins:	Begins:	Ends:	Term Ends:	Days:
Summer 2003	Mon 28 th Apr	Mon 26 th May	Fri 30 th May	Mon 21 st Jul	55
Autumn 2003	Tue 2 nd Sep	Mon 27 th Oct	Fri 31 st Oct	Fri 19 th Dec	74
Spring 2004	Mon 5 th Jan	Mon 16 th Feb	Mon 23 rd Feb	Fri 2 nd Apr	59
Summer 2004	Mon 19 th Jan	Mon 31 st May	Fri 4 th Jun	Mon 19 th Jul	60

WEIRD HISTORY

The next time you're washing your hands and the water temperature isn't just how you like it, think about how things used to be. Here are some facts of how life might have been in Pwll in the 1500's

Most people got married in June because they took their yearly bath in May and still smelled good by June. However, they were by then starting to smell, so brides carried a bouquet of flowers to hide the body odour.

Baths consisted of a big tub filled with hot water. The man of the house had the privilege of the nice clean water, then all the other men and then the sons, followed by the women and finally the children – last of all the babies. By then the water was so dirty you could actually lose someone in it. Hence the saying, *"Don't throw the baby out with the bath water."*

Houses had thatched roofs, piled high with no wood underneath. It was the only place for animals to get warm, so all the dogs, cats and other small animals (mice, bugs) lived in the roof. When it rained it became slippery and sometimes the animals would slip and fall off the roof – hence the saying *"It's raining cats and dogs."*

There was nothing to stop things from falling into the house. This posed a real problem in the bedroom where bugs and other droppings could easily mess up your nice clean bed. Hence, a bed with posts and a sheet hung over the top afforded some protection. That's how canopy beds came to be.

The floor was dirt. Only the wealthy had something other than dirt, hence the saying *"dirt poor."*

The wealthy had slate floors that would get slippery when wet, so they spread thresh (straw) on the floor to keep their footing. As winter wore on, more thresh was added until they couldn't open the door because it would spill out. A piece of wood was placed in the entranceway, hence, a *"thresh hold."*

In those days, they cooked in the kitchen with a big kettle that always hung over the fire. Every day they lit the fire and added things to the pot. They ate mostly

vegetables and did not get much meat. They would eat the stew for dinner, leaving leftovers in the pot to get cold overnight and then start over the next day. Sometimes the pot had food in it that had been there quite some time. Hence the rhyme, *"peas pudding hot, peas pudding cold, peas pudding in the pot nine days old."*

Sometimes they could obtain pork, which made them feel special. When visitors came over, they would hang the bacon to show off. It was a sign of wealth that a man *"could bring home the bacon."* They would cut off a little to share with guests and would all sit around and *"chew the fat."*

Bread was divided according to status. Workers got the burnt bottom of the loaf, the family got the middle, and guests got the top, or *"upper crust."*

Those with money had plates made of pewter. Food with a high acid content caused some of the lead to leach onto the food, causing death by lead poisoning. This happened most often with tomatoes, which is why for the next 400 years or so, tomatoes were considered poisonous.

So my dear reader.... now you know how your ancestors might have lived in Pwll all those years ago!

(Article submitted (tongue in cheek) by Peter Kent)

PLAGIARISM IS ALIVE AND WELL

My sincere thanks and appreciation is extended to Brian Holmes and the Willand Magazine whose ideas and style I have unashamedly stolen and copied to use in the publication of this magazine. (Willand is a small village in Devon). The Willand Magazine has been published for some considerable years and it is the dedication of Brian Holmes and his team that has made the magazine so successful. I wish the Willand Magazine many more years of continued success. (Ed)

Everyone is guilty of the good they didn't do.



STEPNEY PARK CARE CENTRE

Cilymaenllwyd Stepney Park Care Centre, is registered with Dyfed Powys Health Authority and overlooks the village of Pwll and offers residential care for up to 43 residents.

The three-storey house, which is fitted with a lift, has 35 single and four companion rooms. The house has six very spacious and tastefully furnished day and dining rooms and the residents enjoy 24 hour specialist trained nursing care on a long or short term basis.

The 'Friends of Stepney Park' regularly hold fund raising events and residents of the village are asked to support these events as much as possible. All proceeds are used to provide additional luxuries for the residents.

Future fund raising events will be advertised throughout the village. Please support the events as much as possible.

CHIP PAN FIRES

The old fashioned style of deep fat chip pan is, thankfully, becoming a thing of the past. However, they are still around and have the potential to cause great devastation. There are two main causes of chip pan fires:

- The oil or fat overheats and catches fire spontaneously.
- The oil or fat spills over onto the cooker because it has been filled too high, or because the chips have been put in wet causing the oil to bubble up and overflow.

Follow these simple guidelines to keep your kitchen safe:

Everyone is guilty of the good they didn't do.

Never fill the pan more than a third

- Test the temperature of the oil or fat by putting in a small piece of bread; if it crisps up quickly, the oil is ready.
- If the oil or fat is giving off smoke it is too hot. Turn it off and let it cool down before starting again.
- Dry the chips before putting them in the pan.
- Do not leave the pan unattended, unless you turn the heat off.
- Raise the alarm to make sure everyone in the household is aware of the fire. Call the Fire Brigade.
- Turn off the heat source to the pan, if it is safe to do so. Do not reach over the pan to get at the controls.
- Do not attempt to move the pan - you will get burns, which last a lifetime.
- On no account should you put water anywhere near this fire - the consequences will be disastrous.

This type of fire is extinguished by placing a cover over the pan. This could be the lid, a fire blanket or a damp (**not wet**) tea towel.

However, the current advice from the Fire Brigade is that you should first consider your own safety and avoid attempting to fight the fire. The Fire Brigade has the proper equipment and personal protective clothing - leave it to them.

(Article submitted by Stuart Messer)

LLANELLI MILLENNIUM COAST 10K

On 29th June the Sospan Road Runners and Clwb Triathlon Llanelli are holding the Llanelli Millennium Coast 10K Race. The race will start and finish at Pwll Playing Fields and there are cash prizes to be won as well as spot prizes and a race memento. The event also features an *"Under 12's 2K Race"* and a *"Mums and Tots 200m Fun Race"*. More details from Tim Gasser on 01554 758036 or 07796 684094 or visit www.llanelli10k.org.uk (Ed)



A WALK ON THE WILD SIDE

Hi Folks! Firstly - a brief summary of the history of the village lakes.

After the excavation of the sand from the meadow in 1998 it was apparently an afterthought by the Council to turn the area into fishing lakes of international standards. Good idea you might think – but as most of us can now see it has not been very successful.

Prior to the building of the Great Western Railway in 1852 the sea used to reach the main road that runs through the village. Since the completion of the lakes seawater has contaminated the lakes on several occasions resulting in hundreds of dead fish. Water lilies, introduced last May, have also, we assume, succumbed to the unfavourable conditions and have now ceased to exist in the lakes. There is now conclusive evidence of seawater seeping under the railway embankment into the lakes. Shrimps can be now be seen in the shallows around the lakes.

Whatever the outcome it still portrays a picturesque feature of the village and has therefore attracted a large variety of water birds such as mallard, shelduck, pochard, tufted duck, teal, wigeon, little egret, greylag goose, little grebe, great crested grebe and goldeneye. A very unusual visitor in January this year was a guillemot – normally only seen at sea!

If you're lucky, as you walk around the lakes you might see the tropically coloured kingfisher patrolling the lakes. Also, from dusk to early evening you might catch a glimpse of the ghostly image of the barn owl hunting close to the road (the best view

is probably opposite the Community Centre).

During the summer months you will hear the unmistakable twittering call of the sedge warbler and maybe the continuous 'fishing reel' noise – the call of the grasshopper warbler (there really is one, I'm not taking the Mickey)! Throughout the year well over 70 different species have now been sighted around the lakes. What an abundance of wildlife for all of us to enjoy!

If anyone in the village has any unusual sightings could they please contact me or any committee member. Have a nice summer. I'll see you in the next edition. –

(Article submitted by Jeff Williams)

WHY “THE BÔNAU CABBAGE PATCH”?

GWYR Y BÔNAU CABEJ!

In case you're wondering why this magazine is called The Bônau Cabbage Patch it's a reference to the nickname that the PWLL PEOPLE have in the locality.

Whilst representing The Colliers Arms in a quiz recently I was asked where did the team come from? On replying Pwll, the question master said, “Ah! GWYR Y BÔNAU!” – which, (loosely translated) means *THE CABBAGE STALK PEOPLE!*

Some generations ago the people of Pwll used their huge long gardens to grow vegetables and flowers for sale in the market in Llanelli. They killed two birds with one stone and made some extra money by selling the cabbage heads and using the stalks for their own consumption. Pretty smart cookies really!

Well everybody, now you know and if you live in Pwll remember you're one of the BÔNAU and take pride in the name.

(Article submitted by Blaengwawr)

THOSE SUMMER BBQ's

Since man discovered fire, there's been a yearning for humans around the world to throw raw meat over an open flame as we drink cold beverages and swat mosquitoes. The smell of burning flesh over charcoal briquettes, and the promise of a charred piece of beef between two pieces of bread are enough to draw neighbours, families and friends from miles around to a square patch of grass behind someone's house. If this sounds appealing to you, you're not alone.

Cook food evenly over a steady heat and always check it is thoroughly cooked inside. If you're barbecuing for lots of people, you could cook meat indoors and finish it off on the barbecue for added flavour (but make sure it's piping hot all the way through). You could even microwave the meat indoors to cook it and finish it off on the barbecue. Warm weather is perfect for bugs to grow. So, try to keep food out of the fridge for the shortest time possible.

How can I make sure barbecued food is properly cooked?

- Wait until the charcoal is glowing red, with a powdery grey surface, before you start to cook.
- Make sure frozen food is properly thawed before you cook it.
- Turn the food regularly, and move it around the barbecue, to cook it evenly.
- Check that the food is piping hot all the way through.
- Make sure there isn't any pink meat left in poultry, pork, burgers, sausages and kebabs, and that any juices run clear.

Why should I keep raw meat away from other food?

Raw meat can contain food poisoning bugs. So if it touches food that has already been cooked or is ready to eat (such as salad and burger buns), the bugs can spread onto that food. In fact, anything that touches raw meat could carry the bugs to other food. Here's how you can stop the bugs spreading:

- Stop raw meat from touching or dripping onto other food.
- Wash your hands thoroughly after handling raw meat.
- Use separate utensils for raw and cooked meat.
- Never put cooked food on a plate or surface that has been used for raw meat (unless it has been washed thoroughly).
- Don't put raw meat products next to cooked or partially cooked meat on the barbecue.
- Don't add sauce or marinade to cooked food if it has already been used with raw meat.

Keep yourself and your loved ones safe and enjoy your barbecue!



UP AND COMING YOUNGSTER! **- Rhys Davies**

A boy from the village is to play the lead role in the Llanelli Academy Theatre group's next presentation of "Oliver". Eleven year old Rhys Davies of Pwll Road has been a member of the local theatre group since the spring of 2000 when he played 'Louis' – the son of the governess in "The King and I". Subsequently he has played 'John' in Peter Pan and one of the babes in "Babes in the Wood". Most recently he played 'Chip' the teacup in "Beauty and the Beast". The forthcoming presentation of "Oliver" is to run from 5th – 7th June inclusive at Theatr Elli. We wish Rhys the proverbial "break a leg" in his acting career.

(Do you know someone who is an "Up and coming youngster"? If you do let us know and we'll see if we can do an article about them for the next edition. – Ed)

"Geraint The Snake-man" Visits Pwll School

During the Spring term Geraint the Snake-man brought a variety of different snakes to our school. He talked to us about how they live, about what they eat and how they should be handled.

He also told us about how cruel people can be to snakes. He showed us lots of things that were made out of snake skins like shoes, belts, purses and even a six foot rug and told us that we should never buy them when we go abroad.

The biggest snake he showed us was called "Hercules" the python. He was huge!! We were all allowed to touch him and he didn't seem to mind. Some people think that snakes are slimy but they're not - they feel very smooth to touch and after the visit we didn't see them as being scary at all.

(Article submitted by Nico Craig and Emma Williams)



PWLL SCHOOL **Our Healthy School's Project**

Pwll School is now in its' second year of being involved in a Healthy School's project. One of the biggest changes is that unhealthy crisps are out and healthy fruit is in!

Children in Mr Thomas' class have been put into teams and are seeing which team can raise the most money by selling different healthy snacks over a 5 week period. An automatic till has been bought and children run the shop like a proper business. The School has also had a new filtered water machine and we are now allowed to drink water in the classroom.

We have our own pupil council and at the end of last term we were lucky enough to visit Brynsierfel School where we shared lots of good ideas. The purpose of the council is to improve our school and one of our ideas is to have a recycling bin in the school. Hopefully we will have one of these before half term. Everyone in the village will then be able to bring their newspaper and crushed cans to Pwll School for recycling.

This term we will also be working with an artist in order to design and make a mural and garden at the bottom of the Junior yard. This will be done by the children who attend the After School Club which runs on a Thursday afternoon.

(Article submitted by Nicole Etherington, Ross Etherington, Dean Thomas and Siobhan Francis)

Pwll School are holding their Summer Concert featuring the Burry Port Male Voice Choir and supporting artists for friends and families in Bethlehem Chapel on Friday 13th June (7:00pm). Tickets available from pupils, members of staff and Pwll Post Office.

A sponsored Duck Race through Stradey Woods will be held on Saturday June 21st at 10:30am

The annual Sports Day will be held at Pwll Park on Friday 27th June at 1:30pm. Refreshments will be available.

FUTURE ROAD WORKS IN PWLL

Carmarthenshire County Council have notified us that the work of resurfacing Bassett Terrace should take place during the summer months. This work is necessary because the current top-surface is breaking up.

There is no news concerning the start on the proposed Burry Port Relief Road that will undoubtedly cause congestion at Moreb when a new roundabout is constructed. You have been warned in advance!

(Information supplied by Carmarthen County Council. Correct at time of going to press but subject to change or cancellation)



PWLL WOMEN'S INSTITUTE

Do you want to meet new friends? Want to be involved in a busy WI group? Why not come to the meetings held in Pwll Community Centre every second and fourth Wednesday each month at 7:00pm (except August).

The programme for the year includes a treasure hunt, a trip to Llancaiach Fawr Manor, a visit to an antiques centre in Llandeilo and talks on Welsh love spoons, relaxations and ideas on designing your own birthday cards, Christmas cards etc.

Contact Heather Darby (753522) or Anne Messer (755665).

Looking forward to seeing you.

The Pwll WI would like to thank everyone who supported the recent Charities Fayre held in Pwll Community Centre on May 14th

PWLL RECREATIONAL COMMITTEE

It was hoped that by the time you read this article the new Pwll Pavilion would have been opened and providing a warm welcome to visitors to Pwll. However, construction problems and building difficulties have delayed the opening by quite a few weeks. The £320,000 project has taken many years of planning by the recreational committee and most of those involved are still suffering from the traumas that such a project brings with it! (Just look for the committee members with grey hair!).

The pavilion includes four changing rooms compete with modern showers as well as a club room and a tea room where visitors to the pavilion, and indeed people using the Millennium Coast Cycle Path, can purchase light refreshments.

The clubhouse can be used by all organisations and residents of Pwll. Please contact Mr Brian Richards (771013) for further details.

WE NEED YOUR NEWS!

To make this magazine a success we are heavily dependent on you, the general public, providing us with news, gossip, views, articles and information about you, the village or your organisation. If you are an individual with views on the running of the village or a member of an organisation and wish your information and news to be included in this magazine please contact us. We need input from sporting groups, churches, chapels, youth clubs, gardening clubs, schools, colleges, WI, etc etc. Please give your articles, news, letters etc to any member of the committee. At the moment we have the facility to have 24 pages of news, views and advertisements between the covers of The Bônau Cabbage Patch. Help us fill them! We can always look at increasing the size of the magazine if it is successful.

Quiz for Adults – SPONSORED BY PWLL ACTION COMMITTEE (£20 Voucher - Meal for 2)

1. Who wrote the novel "Oranges are not the only fruit"?
2. King John, who died in 1216, was the youngest son of which king.
3. Which Canadian born film actress was known as "The World's Sweetheart"?
4. What was Walt Disney's middle name?
5. Who had a hit single in 1967 with Hi Ho Silver Lining?
6. Who were the Welsh League Rugby Union champions in 1997/8
7. What is the name of the room or mat used in Judo?
8. In New Zealand, what is a kumara?
9. What is the Australian name for a duvet?
10. Who starred as a psychiatrist in the 1977 film "Equus"?

Answers on a postcard (or back of a sealed envelope) please, with your name and address. Deliver or post your postcard to either 53 Pwll Road or 81 Pwll Road. Closing date for entries is 1st July. First correct answer out the hat will win a meal for 2 persons at The Colliers Arms, Pwll (subject to booking confirmation) to a maximum value of £20. Competition is open only to the residents of Pwll. Editors decision is final. (Answers in the next edition of The Bônau Cabbage Patch)

Quiz for 11 - 16 age group – SPONSORED BY Wilkinson, Llanelli (£10 gift voucher)

- 1 Who was the British Prime Minister between 1916 and 1922?
- 2 In which year did the Titanic sink?
- 3 Who invented the miner's safety lamp?
- 4 What is the chemical symbol for Mercury?
- 5 Who was the second man to walk on the moon?
- 6 What leaf can be found on the Canadian flag?
- 7 Who represented the UK in 2002 Eurovision Song Contest?
- 8 Which sport is played in Sophia Gardens?
- 9 What do the initials NATO stand for?
- 10 Who sailed on the Santa Maria?

Answers on a postcard (or back of a sealed envelope) please, with your name, age and address. Deliver or post your postcard to either 53 Pwll Road or 81 Pwll Road. Closing date for entries is 1st July. First correct answer out the hat will win a gift voucher for £10 redeemable at Wilkinsons, Llanelli. Competition is open only to the residents of Pwll between the ages of 11-16. Editors decision is final. (Answers in the next edition of The Bônau Cabbage Patch)

Quiz for the 5 - 10 years old – SPONSORED BY PWLL ACTION COMMITTEE (£5 gift voucher)

- 1 How many colours are there in the rainbow?
- 2 In which city would you find the Millennium Stadium?
- 3 Who lives at Buckingham Palace
- 4 Which animal lives in a set?
- 5 Which three colours are found in the Welsh Flag?

Quiz for the under 5 age group – SPONSORED BY PWLL ACTION COMMITTEE (£5 gift voucher)

- 1 Name the four Tweenies
- 2 What colour is Thomas the Tank Engine?
- 3 What is the name of Postman Pat's cat?
- 4 Where does Noddy live?
- 5 What is Fireman Sam's name in Welsh?

Answers on a postcard (or back of a sealed envelope) please, with your name, age and address. Deliver or post your postcard to either 53 Pwll Road or 81 Pwll Road. Closing date for entries is 1st July. First correct answer (in each age group) out the hat will win a gift voucher for £5 redeemable at W H Smith, Llanelli. Competition is open only to the residents of Pwll. Editors decision is final. (Answers in the next edition of The Bônau Cabbage Patch)

JOHN D. ROCKEFELLER

When was the last time you went out of your way to do something good for anyone else? When was the last time you sacrificed something you wanted in order to help someone else in need? I love the story of John D. Rockefeller – he grew up on a farm many years ago, but had tremendous ambition. At the age of 33, he earned his first million dollars. And at the age of 43, he controlled the biggest business in the world. At the age of 53, he was the world's first billionaire.

With all of his desires to gain wealth, he lost his health. His income was a million dollars a week, but his digestion was so bad all he could eat was crackers and milk. He had crushed the helpless in his lust for money. Some people hated him so much they hanged his effigy. Rockefeller had no peace, no joy, and he couldn't eat or sleep.

Then one day he began to realize that his money wasn't a commodity to be hoarded, but a gift to be shared. He started building hospitals and universities. He gave millions to mission projects. His money donations helped researchers find a cure for malaria, tuberculosis and many other dreaded diseases.

Something interesting happened, as John D Rockefeller began to help others - his own condition started to improve. He started eating and sleeping well and as he continued to get rid of that self-centredness, God's streams of healing, love, and life began to flow back into him. At the age of 53, most people thought he'd never see another birthday but because he changed his focus from being a taker to being a giver, John D Rockefeller died in peace at the age of 93.

(article submitted by Mr Will Jones)

ADDITIONAL BUS SHELTER

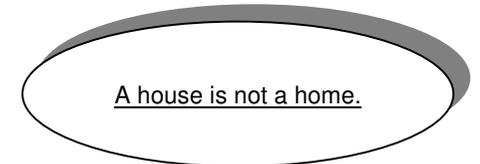
After representation from the Pwll Action Committee, Carmarthen County Council have agreed to build a bus shelter close to the Talbot Inn (West bound). The bus shelter should be in position before the start of next winter.

PWLL EXPATRIATES

We can forward a copy of this magazine to virtually any destination in the world. If you wish us to send a copy to an expatriate (or anyone else) then please contact either editor. Unfortunately because of the postage costs there will be a charge of between £1 and £2 per copy. Subscriptions for 1 year only are available.

DO YOU LIKE "THE BÔNAU CABBAGE PATCH MAGAZINE"?

Your feedback and comments concerning this magazine are important to us. Let us know what you think. Tell us what items you would want to see published on a regular basis. Do you have any suggestions? We want to hear them! Please address all correspondence to the editors. Thanks - Ed



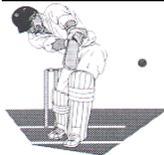
A house is not a home.

LITTER PROBLEM

A recent complaint from a Pwll resident necessitated the need for a letter to be written to Coleg Sir Gâr about the amount of litter that it was felt was being distributed by students from the college. The Principal of the College promptly replied stating that he would make his students aware of the concerns of the village and that he would do everything possible to minimise the effect of litter. The Council have also increased the number of litter bins in the Bassett Terrace area.

Thank you Principal for your very prompt action - Ed

PWLL COUNTY CRICKET CLUBS



(Wickets pitched at two o'clock)

	<u>Date:</u>	<u>1st XI</u>	<u>Opponents:</u>	<u>2nd XI</u>
Saturday	03 rd May	Away	Winch Wen	Home
Saturday	10 th May	Home	Drefach	Away
Saturday	17 th May	Away	Margam	Home
Saturday	24 th May	Home	Carmarthen Wanderers	Away
Saturday	31 st May	Away	Hirwaun	Home
Saturday	07 th June	Home	Llandeilo	Away
Saturday	14 th June	Away	South Llanelli	Home
Saturday	21 st June	Away	Pontyberem	Home
Saturday	28 th June	Home	Porthcawl	Away
Saturday	05 th July	Home	Winch Wen	Away
Saturday	12 th July	Away	Drefach	Home
Saturday	19 th July	Home	Margam	Away
Saturday	26 th July	Away	Carmarthen Wanderers	Home
Saturday	02 nd August	Home	Hirwaun	Away
Saturday	09 th August	Away	Llandeilo	Home
Saturday	16 th August	Home	South Llanelli	Away
Saturday	23 rd August	Home	Pontyberem	Away
Saturday	30 th August	Away	Porthcawl	Home
Saturday	19 th April	Away	Dafen (Friendly)	
Sunday	25 th May	Away	Gorseinon or Pembroke (Welsh Cup)	
Sunday	01 st June	Away	B.S.Port Talbot (S.W.C.A. Cup)	
Sunday	27 th July	Home	Skewen (Friendly)	
Sunday	03 rd Aug	Home	Ammanford (Friendly)	
Sunday	19 th Aug	Away	Skewen (Friendly)	

PWLL HISTORICAL SOCIETY

On 26th February 2002, at the instigation of Hugh Peregrine, a meeting was held at the Community Centre to form a local Historical Society. The objective was to research the history of the village and surrounding area with a view to writing a book on the subject.

A committee was formed and donations accepted from those present to help with the expenses involved. The well known Llanelli historian John Edwards who has written books and made TV appearances on the Llanelli area and its industries provided initial guidance and over the months we have welcomed several new members and much research and gathering of information has taken place.

A big breakthrough came when Jonathan Gower, the BBC Arts & Media correspondent kindly agreed to write the book on our behalf. Much work has been done and it is expected that a book will be ready later this year. As the full content of the book has not yet been finalised, we would still welcome any further information, past memories, photographs or documents you think may be relevant to the project. These should be submitted by 29th July.

The Pwll Historical Society meet on the last Tuesday of every month and anyone interested is still welcomed to join us. You can contact the secretary on telephone number 773015

HOLY TRINITY CHURCH

We began this year with a “warm” church, having had gas central heating installed in December. It made such a difference – no-one wants to go home! The church has also been re-wired, so two good jobs have been completed.

In February we held a service to celebrate the 80th Anniversary of the Mothers’ Union branch at the church, followed by a party in May.

We are just in the process of re-glazing our lovely round east window so will be busy this year raising funds to cover the cost.

Our first event is the Summer Fete – this will be our third Fete in the church grounds. We have had lovely weather for the previous two and we have arranged another fine day for 28th June! If it rains (which it won't) we will hold it in the church hall.

In July we join together with St Mary’s, Burry Port for our Sponsored Walk – again we always get fine weather and welcoming refreshments on our return.

On 9th August we have a Barbeque and 7th October is our Harvest Supper, always an enjoyable evening of food, fellowship and entertainment. We have a Jumble Sale on 17th October and a Christmas Fayre on 7th November

Holy Trinity Services:

1 st Sunday of the month	5:00pm	Holy Communion
2 nd Sunday of the month	9:00am 5:00pm	Holy Communion Evensong
3 rd Sunday of the month	9:00am	Holy Communion
4 th Sunday of the month	9:00am 5:00pm	Holy Communion Evensong
5 th Sunday of the month	9:00am 5:00pm	Holy Communion Evensong

The Vicar of Holy Trinity:

The Rev. Canon G.D.Harries B.A. and he can be contacted on 01554 – 832936

Think before you ink!

LINK ROAD FOR PWLL?

The following is an extract from an undated progress report issued by the County Council...

“The A484 to the west of Llanelli, through the residential areas of Sandy Road and Pwll, is becoming increasingly congested. The County Council will therefore be looking at the feasibility of constructing a new highway link from the western side of Llanelli through to the western side of Pwll, to relieve the heavily trafficked section of the A484 and to facilitate improvements to public transport along this strategic bus corridor.

At this stage, no specific route has been identified, but discussions have commenced with such groups as the Countryside Council for Wales with the view to identifying a corridor that will have a minimal impact on the local environment.

The County Council as a first step, propose to undertake a multi-modal corridor study to establish if there are indeed any feasible/practical solutions, other than the construction of the southern relief road.

ANTI-FLOODING WORK PARTLY COMPLETED

The Environment Agency and Carmarthenshire County Council have been busy at work during the winter months making subtle changes to the banks of the River Dulais to try and ensure that the flooding experienced by the residents of Bassett Terrace last year does not happen again.

The Pwll Action Committee arranged a meeting between all interested parties last August when temporary (but immediate) anti-flood plans were agreed. Carmarthenshire County Council have agreed that they will conduct a full scale study of the area to see what action has to be taken to ensure the flooding is completely eliminated.

We have asked The Environment Agency Wales to consider additional anti-flooding work further up the River Dulais to avert any possible flooding to the houses in Stepney Road. The Environment Agency have informed us that work will commence during this summer and could possibly involve structural work to the river bank at the rear of Stepney Road. Local residents are being kept fully informed.

THE PWLL ACTION COMMITTEE

The members of The Pwll Action Committee are listed below. If you have any contribution for this magazine please approach any of the people listed below. Similarly, if you have any issues concerning the actual village of Pwll please bring it to the attention of any committee member.

Peter Kent (Chairman)	53 Pwll Road, Pwll	755260
Stuart Messer (Secretary)	43 Pwll Road, Pwll	755665
Jeff Williams	81 Pwll Road, Pwll	777420
Will Jones	69 Pwll Road, Pwll	757889
David Webb (Vice Chairman)	44 Elgin Road, Pwll	750966
Sue Phillips	Pwll Post Office, Pwll	773764
Cllr Brian Richards,	65 Elgin Road, Pwll	771013
Cllr Meilyr Hughes	12 Hendre Park, Llangennech	820795
Cllr Eryl Morgan	29 Capel Isaf Rd, Llanelli	759115

The committee meet on a regular basis to discuss, consider and plan an action campaign concerning the problems associated with the village. Its purpose is to improve the quality of life for the villagers of Pwll.

We are currently investigating and progressing the following concerns: The proposed Hotel / Centre of Excellence for The Welsh Federation of Coarse Anglers: The flooding problem at the rear of Bassett Terrace and to the rear of the houses in Stepney Road: The amount of litter which has increased significantly lately especially in the area of the old Mile End Service Station and Bassett Terrace: The condition of the road surface of the main road running through Pwll.

LANDSLIDE UNEARTHES SOME PWLL HISTORY

The recent landslide on the Pwll Road embankment (close to the pet shop) revealed an old mine working complete with tramlines. We understand that this working was in fact used as an air raid shelter for Bassett Terrace during World War II.

Carmarthenshire County Council have now completed the reinforcement of the road and the re-ducting of the water that was flowing out of the mine. Everything should now be back to normal. Jeff Williams managed to take a photograph of the inside of the mine working before the repairs hid it again, possibly for ever, but it never came out!! ..So we had to improvise!!!! (Editors licence)



How it might have looked all those years ago.

CAPEL BETHLEHEM

Oedfaon y Sul 3.30 pm
Oedfa Gymun Sul cyntaf y mis

Cyfarfodydd Pregethu

Sul diwethaf Ebrill a Hydref am 10.30am a 3.30pm - Libanus yn uno drwy'r dydd.

2003

Sul y Pasg Yn Libanus am 10am a 5pm a Bethlehem yn uno.

Y Sulgwyn Ym Methlehem am 10.30am a 3.30pm a Libanus yn uno.

Suliau Awst

1af a'r 4ydd Ym Methlehem am 3.30pm

2fed a'r 3ydd Yn Libanus am 10am.

There are occasional English Services in Bethlehem – usually on the 3rd Sunday evening of the month at 6pm. Watch Pwll Notes in the Llanelli Star & posters in the village for the dates.

Croeso cynnes i'r Oedfaon / a warm welcome to the Services.

Y Gweinidog / Minister : Y Parchg Carys Awen Jones, B.Th. Rhif ffon: 771252

CAPEL LIBANUS

Oedfaon y Sul Am 10am ac Ysgol Sul i blant ac oedolion yn dilyn.

Oedfa Gymun 3ydd Sul y mis.

Cyfarfodydd Pregethu

Ail Sul Mawrth a Medi am 10am a 5pm - Bethlehem yn uno drwy'r dydd.

2003

Gwener y Groglith Oedfa Gymun am 9am.

Sul y Pasg Yn Libanus am 10am a 5pm a Bethlehem yn uno.

Y Sulgwyn Ym Methlehem am 10.30am a 3.30pm, a Libanus yn uno.

Suliau Awst:

1af a'r 4ydd Ym Methlehem am 3.30pm

2fed a'r 3ydd Yn Libanus am 10am

Cynhelir Cyfarfodydd arbennig

Cwrdd y Plant Ar Gwyl Dewi; Sul y Mamau; Ganol haf; Diolchgarwch a'r Nadolig.

Sul y Chwirydd a Sul Y Dynion Dyddiadau yn amrywio.

Gweithgareddau'r flwyddyn

Cymdeithas Ddiwylliadol Pob pythefnos am 7o'r gloch rhwng mis Medi ac Ebrill

Dosbarth Llenyddiaeth Pob nos Fercher am 7 o'r gloch am 20 wythnos.

Pwyllgor Cymorth Cristnogol Yn cwrrd yn y Ffestri.

Estynnwn groeso cynnes i chwi i ymuno yn yr oedfaon a'r gweithgareddau.

Mae Taflen o oedfaon y flwyddyn ar gael, a gwybodaeth yn wythnosol, yn Nodiadau'r Pwll yn y Llanelli Star

Y Gweinidog / Minister : Y Parchg Carys Awen Jones, B.Th. Rhif ffon: 771252



PWLL YOUTH CLUB

The Pwll Youth Club meet at The Community Centre every Monday and Thursday evenings at 6:00pm. Activities include pool, air hockey, table tennis etc. For more information and the chance to enjoy yourselves why not pay them a visit.

PWLL

Pa fath o bwl? Pwll glo, pwll dwr? Wel, mae enw'r pentre yn deillio o ffynhonnell diddorol. Ym 1725 ceir cyfeiriad at Jenkin's Pool, harbwr bach oedd y tu ôl i wal y cei. Ac fe dystir bod glo ym 1763 yn cael ei gludo lawr o'r gwaith glo i'r 'pool'. Ond yn raddol gydag amser cafodd yr enw ei Gymreigio.

Felly, does gan yr enw 'Pwll' ddim byd i'w wneud â gwaith glo, deillia'r enw yn gyfangwbl o ymwneud â dwr.

Rhyw fath o gylch o ddŵr oedd y 'pwll' gyda wal ar ddwr ochr iddo, yn ddigon dwfn i gadw llongau fyddai'n cario glo mäs o'r porthladd.

Cafwyd harbwr tebyg yng Nghydwelli a Phorth Tywyn hefyd. Gwelid cyfres o borthladdoedd wedi eu hadeiladu gan fod cymaint o dywod yn yr aber. Bu raid iddyn nhw geibo'n ddwfn i dyllu'r harbwr bychan yn y Pwll.

(Ysgrifennwyd gan Lowri Gwenllian.
Diolch i Dafydd Jenkins am y wybodaeth).